

# VOLUNTEER OPPORTUNITIES

Throughout St. Croix County

## “NEIGHBORS HELPING NEIGHBORS”

- ★ Do you like to spend time with older adults?
- ★ Are you looking for a way to give back?
- ★ Make a difference by helping others in your community!

### CONTACT:

ADRC of St. Croix County

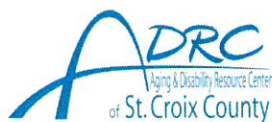
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### PROGRAMS:

#### ADULT DAY RESPITE

Activities Assistant

Mondays: Hudson

Tuesdays: New Richmond

Thursdays: Hudson

#### HOME-DELIVERED MEALS

Driver

Hudson or New Richmond or River Falls

#### CONGREGATE DINING

Senior Centers – meal service and activities.

Baldwin, Deer Park, Glenwood City, Hudson, New Richmond, River Falls, Roberts, Somerset, and Woodville

#### LANGUAGE ENRICHED EXERCISE PLUS SOCIALIZATION (LEEPS) PROGRAM

Volunteers work with people with Alzheimer's disease and related dementias